

Anaphylatic shock

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Ineffective breathing pattern</b></p> <p><b>Related factors:</b> Bronchospasm Facial angioedema Laryngeal edema</p> <p><b>Symptoms / Risk factors:</b> Dyspnea Nasal flaring Tachypnea Shortness of breath Cyanosis</p> <p><b>Outcome / Goal:</b> Maintain adequate ventilation Normal breathing pattern _____</p>		<p><b>Respiratory Monitoring</b> Monitor for increased restlessness, anxiety, and air hunger Asses O2 saturation and arterial blood gases obs. rate, rytm, depth and effort in breathing Obs. lab results of electrolytes (Na(136-146),K(3,6-4,9) Auscultate breath sounds</p> <p><b>Ventilation Assistance</b> Administer O2 as prescribet Position the patient upright Teach breathing techniques, as appropriate Maintain patent airway. Anticipate emergency intubation or tracheostomy (reac Administer medications as ordered: Epinephrine, Corticosteroids and Antihistarr</p>	
	<p><b>Decreased cardiac output</b></p> <p><b>Related factors:</b> Altered afterload/preload (decreased)</p> <p><b>Symptoms / Risk factors:</b> Oliguria Altered Contractility Hypotension</p> <p><b>Outcome / Goal:</b> Blood pressure level: _____ Breathing rate level _____ HR rate level _____ Oxygen saturation level: _____</p>		<p><b>Hemodynamic Regulation</b> Palpate peripheral pulses Monitor vital signs and skin temperature Obs. mental status(changes) Obs cardiac dysrhythmias Obs urine output (catheter)</p> <p><b>Allergy Management</b> Place patient flat position ( in case of servere shock) Administer medication, IV fluids and blood as orderd Mediacation: Epinephrine, Antihistamin and Steroids (if not done already)</p>	
	<p><b>Risk for impaired skin integrity</b></p> <p><b>Related factors:</b> Result from allergic reaction</p> <p><b>Symptoms / Risk factors:</b> Altered skin conditions: Urticaria, Pruritus and Edema</p> <p><b>Outcome / Goal:</b> Patient maintains intact skin No Urticaria or Edema</p>		<p><b>Medication Administration</b> Administer medication as prescribed Medication: Epinephrine, Antihistamin and Steroids (if not already done) Monitor patient for the therapeutic effect of the medication</p> <p><b>Skin Surveillance</b> Apply skin moisturizers to maintain suppleness and prevent cracking and fissur Avoid applying drying agents to skin Instruct patient not to scratch Consider applying cool washcloths or covered ice</p>	
	<p><b>Deficient knowledge</b></p> <p><b>Related factors:</b> Lack of recall Unfamiliarity with disease and treatment</p> <p><b>Symptoms / Risk factors:</b> Inaccurate follow through of instruction Inability to identify allergens</p> <p><b>Outcome / Goal:</b> Patient understands allergic reactions, prevent. and treatm. Patient verbalize understanding of disease and procedure</p>		<p><b>Teaching: Disease Process</b> Assess knowledge of the disease and treatment Discuss symptoms and interventions Consider patient to wear medical alert identification (know allergies)</p>	