

Angina Pectoris

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Acute pain</b>  <b>Related factors:</b>                      Myocardial ischemia  <b>Symptoms / Risk factors:</b>                      Facial mask                      Verbal or coded report  <b>Outcome / Goal:</b>                      Patient appears relaxed and comfortable                      Patient verbalizes relief of pain</p>		<p><b>Pain Management</b>                      Instruct patient to relax and rest                      Administer medication as prescribed                      Obs. pain (effectiveness of medication)                      Administer O2 as ordered</p>	
	<p><b>Deficient knowledge</b>  <b>Related factors:</b>                      Unfamiliarity with disease and treatment  <b>Symptoms / Risk factors:</b>                      Verbalization of the problem  <b>Outcome / Goal:</b>                      Patient verbalize understanding of disease</p>		<p><b>Teaching: Disease Process</b>                      Patient education: Disease process, Diet, Medication effects and Exercise</p>	
	<p><b>Activity intolerance</b>  <b>Related factors:</b>                      Fear of pain                      Side effects of medication  <b>Symptoms / Risk factors:</b>                      Verbal report of fatigue or weakness  <b>Outcome / Goal:</b>                      Patient maintains activity level within capabilities</p>		<p><b>Teaching: Prescribed Activity/Exercise</b>                      Encourage activity as tolerated, rest as needed                      Obs. symptoms (comfort, vital signs and skin color) of patient's activity  <b>Discharge Planning</b>                      Involve the patient/family in the discharge process                      Discuss with physician the discharge plan and obtain orders if needed                      Ascertain that patient has follow-up care arranged at discharge</p>	