

Appendicitis

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Deficient knowledge: Preoperative</b>  <b>Related factors:</b>                      Unfamiliarity with disease and treatment  <b>Symptoms / Risk factors:</b>                      Increase in anxiety level                      Multiple questions  <b>Outcome / Goal:</b>                      Patient verbalize understanding of disease and procedure</p>		<p><b>Teaching: Preoperative</b>                      Describe the preoperative routines                      Determine the patient's expectations of the surgery                      Provide time for the patient to ask questions and discuss concerns</p>	
	<p><b>Acute pain</b>  <b>Related factors:</b>                      Result form surgery                      incision  <b>Symptoms / Risk factors:</b>                      Facial mask                      Guarding behavior                      Verbal or coded report  <b>Outcome / Goal:</b>                      Patient appears relaxed and comfortable                      Patient verbalizes relief of pain</p>		<p><b>Pain Management</b>                      Asses cause of pain                      Investigate verbal reports of pain                      Administer medication as prescribet                      Optimize the patient's comfort in bed                      Administer medication as prescribet                      Obs. pain (effectivnes of medication)</p>	
	<p><b>Risk for infection</b>  <b>Related factors:</b>                      Surgical wound  <b>Symptoms / Risk factors:</b>                      Invasive procedures                      Temp &gt; 37.5  <b>Outcome / Goal:</b>                      Surgical wound clean                      Norma body temperature</p>		<p><b>Wound Care</b>                      Inspect dressings and wound                      Maintain aseptic technique when changing dressings and caring for wound.                      Monitor vital signs.</p>	
	<p><b>Deficient knowledge: Postoperative</b>  <b>Related factors:</b>                      Lack of previous experience with surgery  <b>Symptoms / Risk factors:</b>                      Questions                      Verbalized misconceptions  <b>Outcome / Goal:</b>                      Patient verbalizes understanding of need for follow-up care</p>		<p><b>Discharge Planning</b>                      Ascertain that patient has follow-up care arranged at discharge                      Contact appropraite personnel with orders                      Dscharge planned _____  <b>Wound Care</b>                      Teach the patient / caregiver about wound care using aseptic technique</p>	