

Bathing/hygiene self-care deficit

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Bathing/hygiene self-care deficit</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Decreased or lack of motivation</li> <li>Environmental barriers</li> <li>Inability to perceive body part or spatial relationship</li> <li>Musculoskeletal impairment</li> <li>Neuromuscular impairment</li> <li>Pain</li> <li>Perceptual or cognitive impairment</li> <li>Severe anxiety</li> <li>Weakness and tiredness</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Inability to dry body</li> <li>Inability to get bath supplies</li> <li>Inability to get in and out of bathroom</li> <li>Inability to obtain or get to water source</li> <li>Inability to regulate temperature or flow of bath water</li> <li>Inability to wash body or body parts</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Patient participates in bathing</li> </ul>		<p><b>Self-Care Assistance: Bathing/Hygiene</b></p> <ul style="list-style-type: none"> <li>Encourage family participation in usual bedtime rituals, as appropriate</li> <li>Facilitate maintenance of patient's usual bedtime routines</li> <li>Facilitate patient's bathing self, as appropriate</li> <li>Facilitate patient's brushing teeth, as appropriate</li> <li>Monitor cleaning of nails, according to patient's self-care ability</li> </ul>	