

Cancer (terminal)

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient knowledge Related factors: Unfamiliarity with disease and treatment Cognitive limitation Symptoms / Risk factors: Increase in anxiety level Multiple questions Outcome / Goal: Patient verbalize understanding of disease and procedure Identify and use available resources appropriately</p>		<p>Teaching: Disease Process Acknowledge patient's knowledge about condition Assess knowledge of the disease and treatment Determine client's perception of cancer and treatment Discuss therapy/treatment options Discuss symptoms and interventions Provide clear, accurate information in a factual but in sensitive manner Provide written materials about cancer, treatment, and available support system Outline normally expected limitations, if any, on ADLs</p>	
	<p>Chronic pain Related factors: Cancer(advanced) Chronic physical/psychosocial disability Symptoms / Risk factors: Altered ability to continue previous activities Changes in sleep pattern Reduced interaction with people Fatigue Outcome / Goal: Verbalize methods that provide relief. Report pain is relieved or controlled.</p>		<p>Pain Management Administer medication as prescribet Obs. pain (effectivnes of medication) Evaluate pain level frequently. Investigate changes in characteristics of pain. Plan for aggressive pain management, as indicated Consider patient-controlled analgesia (PCA) for pain control.</p>	
	<p>Death anxiety Related factors: Terminal cancer Symptoms / Risk factors: Powerlessness over issues related to dying Deep sadness Fear of leaving family alone after death Total loss of control over any aspect of one's own death Anticipated pain related to dying Outcome / Goal: Patient will identify need for time with others and alone Patient will obtain the level of spiritual support he ask Patient will experience dying with dignity and love</p>		<p>Active Listening Spend time with the patient Help the patient to express his/ her fear by careful and thoughtful questioning While interacting with the patient, maintain calm and accepting manner Confirm your awarness of the patient's fear. Family Involvement Promotion Assess level of anxiety present in family Investigate cultural norms and factors Determine level of coping impairment. Evaluate current behaviors that may be interfering with the care of client. Discuss underlying reasons for client behaviors with family Refer the family to social services or counseling Encourage family members to seek information and resources for coping skills Spiritual Support Assess history of formal religious affiliation and desire for religious contact Assess cultural beliefs Explore ways that religious practices have affected client's life Encourage participation in desired religious activities Refer patient to priest,minister,rabbi,or spiritual counselor</p>	
	<p>Dysfunctional grieving Related factors: Cancer (terminal) Anticipated loss of physiological well-being Symptoms / Risk factors: Death anxiety Depression Decreased self-esteem Loss-associated sense of despair Anger Denial Outcome / Goal: Identify and express feelings appropriately Continue normal life activities Looking toward and planning for the future, one day at a tim</p>		<p>Grief Work Facilitation Determine dgree of insight in the present situation Explore the nature of the patient's past attitudes Assess the patient's past coping style and mechanism used in stressful situation Offer feedback regarding the patient's expressed feelings. Provide quiet and privacy when needed or requested. Support the use of adaptive coping mechanisms.</p>	

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	<p>Activity intolerance</p> <p>Related factors:</p> <p>Generalized weakness</p> <p>Fear and pain</p> <p>Symptoms / Risk factors:</p> <p>Verbal report of fatigue or weakness</p> <p>Verbal report of pain</p> <p>Outcome / Goal:</p> <p>Patient maintains activity level within capabilities</p>		<p>Energy Management</p> <p>Assess client's ability to perform normal tasks and ADL's</p> <p>Encourage activity as tolerated, rest as needed</p> <p>Demonstrate proper performance of activities of daily living (ADL's)</p> <p>Encourage nutritional intake and use of supplements as appropriate</p> <p>Discuss future plans regarding food and fluid, as indicated</p> <p>Monitor vital signs and response to activity, weakness, dyspnea and fatigue</p> <p>Monitor breath sounds. Note feelings of panic or air hunger</p>	