

Caregiver role strain

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Caregiver role strain</p> <p>Related factors:</p> <p>24 hour care responsibilities</p> <p>Addiction or codependency</p> <p>Alienation from family, friends, and co workers</p> <p>Amount of activities</p> <p>Assistance and support (formal and informal)</p> <p>Care Receiver Health Status</p> <p>Caregiver Care Receiver Relationship</p> <p>Caregiver Health Status</p> <p>Caregiver is not developmentally ready for caregiver role</p> <p>Caregiving Activities</p> <p>Competing role commitments</p> <p>Complexity of activities</p> <p>Discharge of family members to home with significant care ne</p> <p>Emotional strength</p> <p>Family Processes</p> <p>History of family dysfunction</p> <p>History of marginal family coping</p> <p>History of poor relationship</p> <p>Illness chronicity</p> <p>Illness severity</p> <p>Inability to fulfill one's own or other's expectations</p> <p>Inadequate community resources (e.g., respite services, recr</p> <p>Inadequate equipment for providing care</p> <p>Inadequate physical environment for providing care (e.g., ho</p> <p>Inadequate transportation</p> <p>Increasing care needs/dependency</p> <p>Inexperience with caregiving</p> <p>Instability of care receiver's health</p> <p>Insufficient finances</p> <p>Insufficient recreation</p> <p>Insufficient time</p> <p>Isolation from others</p> <p>Lack of caregiver privacy</p> <p>Lack of knowledge about or difficulty accessing community re</p> <p>Lack of support</p> <p>Marginal coping patterns</p> <p>Mental status of elder inhibiting conversation</p> <p>Ongoing changes in activities</p> <p>Symptoms / Risk factors:</p> <p>Anger</p> <p>Apprehension about the future regarding care receiver's heal</p> <p>Changes in leisure activities</p> <p>Concerns about family members</p> <p>Difficulty performing/completing required tasks</p> <p>Difficulty watching care receiver go through the illness</p> <p>Disturbed sleep</p> <p>Dysfunctional change in caregiving activities</p> <p>Emotional</p> <p>Family conflict</p> <p>Fatigue</p> <p>Feeling depressed</p> <p>Frustration</p> <p>Outcome / Goal:</p> <p>Caregiver verbalizes positive feelings about her/his work</p>		<p>Caregiver Support</p> <p>Determine caregiver's level of knowledge</p> <p>Discuss caregiver limits with patient</p> <p>Educate caregiver about the grieving process</p> <p>Encourage caregiver participation in support groups</p> <p>Identify sources of respite care</p> <p>Provide support for decisions made by caregiver</p> <p>Teach caregiver stress management techniques</p>	