

Chlamydia

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Risk for infection</b>  <b>Related factors:</b>                      Lack of knowledge of nature of disease                      Reports of high-risk behaviors                      Inadequate primary defenses.                      Tissue destruction                      Sexual exposure                      Extension of infection  <b>Symptoms / Risk factors:</b>                      Urethral discharge                      Genital lesions                      Body temp. higer than _____                      Dysuria                      Enlarged lymph nodes  <b>Outcome / Goal:</b>                      States symptoms of infection of which to be aware</p>		<p><b>Infection Control</b>                      Assess client knowledge of Secually Transmitted Infections                      Provide information about Chlamydia, Gonorrhea, Syphilis, Genital warts, herpes                      Teach about use of antiinfective agents as indicated: Azithromycin and Doxycyclir                      Teach the patient to complete the prexcibed treatments                      Teach about recurrence and/ or reinfection  <b>Infection Protection</b>                      No sex during treatment and for the prescribed number of days after treatment                      Instruct patient to all the medication prescribed</p>	
	<p><b>Anxiety</b>  <b>Related factors:</b>                      Stress                      Interaction patterns                      Health status  <b>Symptoms / Risk factors:</b>                      Anxious                      Confusion                      Blocking of thought  <b>Outcome / Goal:</b>                      Demonstrate problem-solving skills.</p>		<p><b>Anxiety reduction</b>                      Assess reasons for anxiety                      Explain all procedure as appropriate                      Spend time talking with patient. Allow to express feelings                      Administer medications as ordered and monitor for side effects, effectiveness.</p>	
	<p><b>Deficient knowledge</b>  <b>Related factors:</b>                      Unfamiliarity with disease and treatment                      Embarrassment about topic  <b>Symptoms / Risk factors:</b>                      Inaccurate follow through of instruction                      Increase in anxiety level                      Multiple questions  <b>Outcome / Goal:</b>                      Patient verbalize understanding of disease and procedure</p>		<p><b>Teaching: Disease Process</b>                      Acknowledge patient's knowledge about condition                      Optain sexual history                      Teach sign and symptoms of sexual transmitted infections                      Explain common diagnostic tests                      Explain transmission of sexual transmitted infections  <b>Teaching: Prescribed Medication</b>                      Instruct the patient on the purpose and action of each medication                      Explain treatment of sex partner(s)                      Explain abstinence from sexual inercourse</p>	
	<p><b>Acute pain</b>  <b>Related factors:</b>                      Excoriated perineal inflammation                      Inflamed bowel  <b>Symptoms / Risk factors:</b>                      Antalgic positioning to avoid pain                      Facial mask                      Verbal or coded report  <b>Outcome / Goal:</b>                      Patient verbalizes relief of pain</p>		<p><b>Pain Management</b>                      Asses cause of pain                      Assess reports of abdominal cramping or pain                      Encourage client to report pain                      Administer medication as prescribet                      Obs. pain (effectivnes of medication)                      Obs vital signs _____</p>	

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	<p><b>Disturbed body image</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Lesions</li> <li>Urethral discharge</li> <li>Vaginal discharge</li> <li>Odiferous discharge</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Actual change in structure and/or function</li> <li>Fear of rejection or of reaction by others</li> <li>Anxiety, depression, lack of eye contact</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Express positive feelings about self</li> <li>Patient is able to identify changes in self</li> </ul>		<p><b>Body Image Enhancement</b></p> <ul style="list-style-type: none"> <li>Assess feelings about self and body</li> <li>Encourage client to express his feelings</li> <li>Establish a therapeutic nurse-client relationship</li> <li>Avoid arguing with client</li> <li>Assist patient to identify actions that will enhance appearance</li> <li>Identify support groups available to patient</li> </ul>	