

**Cholecystitis**

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Acute pain</b>  <b>Related factors:</b>                      Obstruction or ductal spasm                      Inflammatory process  <b>Symptoms / Risk factors:</b>                      Facial mask                      Verbal or coded report  <b>Outcome / Goal:</b>                      Patient appears relaxed and comfortable</p>		<p><b>Pain Management</b>                      Asses cause of pain: location, character and duration                      Instruct patient to relax and rest                      Note factors that aggravate and relieve pain                      Maintain comfortable environmental temperature                      Maintain nothing by mouth (NPO) status if indicated                      Obs vital signs _____                      Administer medication as prescribet                      Obs. pain (effectivnes of medication)</p>	
	<p><b>Deficient fluid volume</b>  <b>Related factors:</b>                      Vomiting                      Restricted intake(NPO)  <b>Symptoms / Risk factors:</b>                      Decreased skin/tongue turgor                      Decreased urine output                      Weakness  <b>Outcome / Goal:</b>                      Demonstrate improved fluid balance                      Normal vital sign</p>		<p><b>Fluid/Electrolyte Management</b>                      If NPO status then adiminister IV fluid as ordered.                      Maintain NPO status with NG aspiration.                      Monitor laboratory studies: Hgb/Hct, electrolytes, protein, albumin, and creat.                      Monitor vital signs, noting presence of hypotension                      Observe skin and mucous membrane dryness and turgor.                      Obs fluid balance _____                      Administer antiemetics as indicated</p>	
	<p><b>Imbalanced nutrition: Insufficient</b>  <b>Related factors:</b>                      NPO or                      Nausa ,vomiting  <b>Symptoms / Risk factors:</b>                      Abdominal pain with or without pathology                      Aversion to eating                      Weight loss  <b>Outcome / Goal:</b>                      Experience no signs of malnutrition.</p>		<p><b>Nutrition Management</b>                      If NPO status then provide parenteral or enteral feedings as needed                      Monitor NG tube output. Note presence of vomiting                      If not NPO status then:                      Advance diet as tolerated—clear liquids to soft food                      Allow adequate time for meals, avoid rushing the patient                      Consider supplement with formula if necessary                      Consult a dietitian                      Monitor intake / output _____                      Monitor weight _____.                      Observe color, consistency, and amount of stools                      Offer antiemetics as prescribed</p>	
	<p><b>Deficient knowledge: Discharge</b>  <b>Related factors:</b>                      Lack of exposure or unfamiliarity with resources                      Lack of knowledge  <b>Symptoms / Risk factors:</b>                      Inability to follow mobility instructions                      Questions  <b>Outcome / Goal:</b>                      Patient express understanding of disharge instructions</p>		<p><b>Teaching: Disease Process</b>                      Acknowledge patient's knowledge about condition                      Assess knowledge of the disease and treatment                      Discuss symptoms and interventions                      Identify possible etiologies, as appropriate                      Explain common diagnostic tests                      Patient education:Disease process,Diet,Medication effects and Exercise                      Stress importance of well-balanced diet and adequate fluid intake.  <b>Discharge Planning</b>                      Ascertain that patient has follow-up care arranged at discharge                      Assess understanding of discharge instructions and follow-up regimen                      Discuss with physician the discharge plan and obtain orders if needed                      Dscharge planned _____</p>	