

Cong. heart disease

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Decreased cardiac output</p> <p>Related factors: Septal defect</p> <p>Symptoms / Risk factors: Fatigue Hypotension Oliguria Skin color changes Restlessness Cyanosis</p> <p>Outcome / Goal: Patient maintains optimum cardiac output</p>		<p>Cardiac Precautions</p> <p>Obs. mentation: restlessness, anxiety and confusion Obs. heart rate and blood pressure - weak pulse, low blood pressure Obs. skin color and temperature Obs. breathing pattern and lung sounds Obs. fluid balance and weight gain.</p>	
	<p>Ineffective breathing pattern</p> <p>Related factors: Decreased energy and fatigue Pulmonary complications</p> <p>Symptoms / Risk factors: Cyanosis Dyspnea Tachypnea</p> <p>Outcome / Goal: Maintain adequate ventilation</p>		<p>Airway Management</p> <p>obs. respiratory rate, rytm, depth and effort Assess skin for cyanosis or pallor frequently Discuss and teach parents and child about symptoms of ineffective breathing Administer O2 if indicated Elevate head of bed 30 to 45 degrees Teach and demonstrate use of O2(saturation) monitor and how to administer O. Limit exerciss as appropriate</p>	
	<p>Imbalanced nutrition: Insufficient</p> <p>Related factors: Inability to ingest food /fluid Altered absorption of nutrients Decreased appetit</p> <p>Symptoms / Risk factors: Aversion to eating Failure to gain weight Prolonged impaired cardiac function Poor feeding</p> <p>Outcome / Goal: Experience no signs of malnutrition.</p>		<p>Nutrition Management</p> <p>Assess overall nutritional status and history Consult a dietitian Monitor intake / output _____ Observe color, consistency, and amount of stools Consider supplement with formula if necessary</p>	
	<p>Delayed growth and development</p> <p>Related factors: Effects of acute / chronic illness</p> <p>Symptoms / Risk factors: Altered physical growth Delay or difficulty in performing skills (motor, social, exp Depence and isolation</p> <p>Outcome / Goal: Parents will report more comfortable about their skills</p>		<p>Developmental Enhancement: Child</p> <p>Check parents understanding of current situation Work with parents to maintain a sturctural program for child Assist with therapy to treat or correct underlying conditions Conduct special activites for the child Refer to available community resources as appropriate Promote strageties to facilliate infant / child attachment.</p>	
	<p>Activity intolerance</p> <p>Related factors: Generalized weakness</p> <p>Symptoms / Risk factors: Verbal report of fatigue or weakness Circulatory / respiratory problems Needs to rest after short period of paly Abnormal heart rate or blood pressure response to activity</p> <p>Outcome / Goal: Patient maintains activity level within capabilites</p>		<p>Energy Management</p> <p>Monitor vital signs and response to activity, weakness, dyspena and fatigue Allow for rest periods between care Obs. symptoms(comfort, vital sign and skin color) of child's activity Provide toys and game for quiet play and diversion appropriate for age Explain to parents need to conserve energy and encourage rest Encourage activiy as tolerated, rest as needed Inform to request assistance when needed for dayli activites Assist parents to plan for care and rest schedule</p>	

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Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Risk for infection</p> <p>Related factors: Chronic illness</p> <p>Symptoms / Risk factors: Body temp. higher than _____ Malnutrition Immobility IV- site contamination</p> <p>Outcome / Goal: Be free of signs of infection</p>		<p>Infection Protection</p> <p>Monitor client's vital signs and signs ____</p> <p>Implement appropriate isolation techniques as indicated</p> <p>Monitor temperature</p> <p>Observe for signs of infection: fever , increased pain</p> <p>Use strict aseptic technique, IV, Tubes</p> <p>Use proper hand washing techniques before and after giving care to child</p> <p>Instruct parents and child in personal hygiene and practices</p>	
	<p>Compromised family coping</p> <p>Related factors: Situational crisis of family and child</p> <p>Symptoms / Risk factors: Distortion of reality regarding illness of child Protective behavior by parents Fear regarding child's disorder</p> <p>Outcome / Goal: Express more realistic understanding and expectations Parents will develop methods to cope with present situation</p>		<p>Coping Enhancement</p> <p>Determine the understanding of disease process and expectations for the future</p> <p>Assist parent's / family/ child in providing emotional support.</p> <p>Assist the parent's and child to clarify misconceptions</p> <p>Determine outside stressors, such as family, relationships, and social</p> <p>Encourage parent's and child involvement, as appropriate</p> <p>Provide opportunity for parent to discuss how illness has affected relationships</p> <p>Refer to social worker, financial adviser, psychiatric clinical nurse specialist</p>	