

Death anxiety

| Nr. | Nursing Diagnosis   | Date | Nursing Intervention/s and tasks   | Sign. |
|-----|---|------|--|-------|
|     | <p><b>Death anxiety</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Concern about impact of death on others</li> <li>Confronting reality of potentially terminal disease</li> <li>Terminal cancer</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Anticipated pain related to dying</li> <li>Concern about meeting one's creator or feeling doubtful about</li> <li>Concerns of overworking the caregiver as terminal illness in</li> <li>Deep sadness</li> <li>Denial of one's own mortality or impending death</li> <li>Fear of delayed demise</li> <li>Fear of developing a terminal illness</li> <li>Fear of leaving family alone after death</li> <li>Fear of loss of physical and/or mental abilities when dying</li> <li>Fear of premature death because it prevents the accomplishm</li> <li>Fear of the process of dying</li> <li>Negative death images or unpleasant thoughts about any even</li> <li>Powerless over issues related to dying</li> <li>Powerlessness over issues related to dying</li> <li>Total loss of control over any aspect of one's own death</li> <li>Worrying about being the cause of other's grief and sufferin</li> <li>Worrying about the impact of one s own death on significant</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Patient will experience dying with dignity and love</li> <li>Patient will identify need for time with others and alone</li> <li>Patient will obtain the level of spiritual support he ask</li> <li>Verbalize acceptance of reality of situation</li> </ul> |      | <p><b>Active Listening</b></p> <ul style="list-style-type: none"> <li>Confirm your awariness of the patient´s fear.</li> <li>Help the patient to express his/ her fear by careful and thoughtful questioning</li> <li>Spend time with the patient</li> <li>While interacting with the patient, maintain calm and accepting manner</li> </ul> <p><b>Family Involvement Promotion</b></p> <ul style="list-style-type: none"> <li>Assess level of anxiety present in family</li> <li>Determine level of coping impairment.</li> <li>Discuss underlying reasons for client behaviors with family</li> <li>Encourage family members to seek information and resources for coping skills</li> <li>Evaluate current behaviors that may be interfering with the care of client.</li> <li>Investigate cultural norms and factors</li> <li>Refer the family to social services or counseling</li> </ul> <p><b>Pain Management</b></p> <ul style="list-style-type: none"> <li>Administer pain medication as prescribet</li> <li>Change the patient's position</li> <li>Decrease external stimuli : visitors,noise etc</li> <li>Encourage client to report pain</li> <li>Consider patient-controlled analgesia (PCA) for pain control.</li> <li>Evaluate pain level frequently.</li> <li>Investigate verbal reports of pain</li> <li>Obs. pain (effectivnes of medication)</li> <li>Offer frequent oral hygiene</li> <li>Optimize the patient's comfort in bed</li> <li>Plan for aggressive pain management, as indicated</li> </ul> <p><b>Spiritual Support</b></p> <ul style="list-style-type: none"> <li>Assess cultural beliefs</li> <li>Assess history of formal religious affiliation and desire for religious contact</li> <li>Encourage participation in desired religious activities</li> <li>Explore ways that religious practices have affected client's life</li> <li>Refer patient to priest,minister,rabbi,or spiritual counselor</li> </ul> |       |