

Deficient fluid volume

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient fluid volume</p> <p>Related factors:</p> <p>Active fluid volume loss Diuresis induced by contrast medium Failure of regulatory mechanisms hypermetabolic state Peritonitis Restricted intake(NPO) Vomiting</p> <p>Symptoms / Risk factors:</p> <p>Decreased skin/tongue turgor Decreased urine output Decreased venous filling Change in mental state Elevated hematocrit Hypotension; tachycardia Increased urine concentration Increased body temperature Sudden weight loss (except in third spacing) Thirst Weakness</p> <p>Outcome / Goal:</p> <p>Demonstrate improved fluid balance Normal vital sign</p>		<p>Fluid/Electrolyte Management</p> <p>Assess skin turgor, mucous membranes, and thirst Administer plasma, blood, fluids, electrolytes, and diuretics, as indicated. Administer antiemetics as indicated If NPO status then administer IV fluid as ordered. Maintain NPO status with NG or intestinal aspiration. Monitor intake and output Monitor laboratory studies: Hgb/Hct, electrolytes, protein, albumin, and creat. Monitor vital signs, noting presence of hypotension Obs fluid balance _____ obs urine output _____</p> <p>Fluid Monitoring</p> <p>Administer oral and IV fluids as prescribed Monitor acid base balance Monitor serum and urine electrolyte concentrations Monitor urinary output and urine specific gravity Obs vital signs Bp. O2 and pulse Obs. orthostatic blodpressure Obs fluid balance (inntake and out)</p>	