

Deficient knowledge: Discharge

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient knowledge: Discharge</p> <p>Related factors: information misinterpretation Lack of exposure or unfamiliarity with resources Lack of knowledge</p> <p>Symptoms / Risk factors: Inability to follow mobility instructions Questions</p> <p>Outcome / Goal: Patient express understanding of discharge instructions Verbalize understanding of condition, prognosis, and treatme</p>		<p>Discharge Planning</p> <p>Ascertain that patient has follow-up care arranged at discharge Assess understanding of discharge instructions and follow-up regimen Contact appropriate personnel with orders Discuss with physician the discharge plan and obtain orders if needed Discharge planned _____</p> <p>Involve the patient/family in the discharge process Teach patient recognize signs of hemorrhage and when to report Teach the patient / caregiver about wound care using aseptic technique</p> <p>Teaching: Disease Process</p> <p>Acknowledge patient's knowledge about condition Assess knowledge of the disease and treatment Assess the patient's mental status (orientation, memory, insight, judgment) Consider patient to wear medical alert identification (know allergies) Demonstrate sterile or clean dressing change as appropriate. exercise and activity restrictions recommendations Review underlying disease process and recovery expectations. Stress importance of well-balanced diet and adequate fluid intake.</p>	