

Detached retina

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Disturbed sensory perception(visual) Related factors: Detached retina Altered sensory perception Symptoms / Risk factors: progressive loss of visual field Outcome / Goal: Maintain current visual field without further loss</p>		<p>Communication Enhancement: Visual Deficit Ascertain type and degree of visual loss. Elevate head of bed for hospitalized client as indicated Assist with administration of medications, as indicated Provide sedation and analgesics, as necessary Prepare for surgical intervention as indicated Surgical Preparation Instruct the patient to remain quiet in prescribed (dependent) position Patch both eyes Wash the patient's face with antibacterial solution Instruct the patient not to touch the eyes to avoid contamination Administer preoperative medications as ordered Describe any preoperative medications, the effects these will have on the patient Describe the preoperative routines Determine the patient's expectations of the surgery Provide time for the patient to ask questions and discuss concerns</p>	
	<p>Anxiety Related factors: Threat to or change in Health status Health status Threat to or change in Role status Symptoms / Risk factors: Anxious Confusion Difficulty concentrating Outcome / Goal: Will experience a reduction in anxiety</p>		<p>Anxiety reduction Explain all procedure as appropriate Assess reasons for anxiety Provide accurate, concrete information about what is being done Spend time talking with patient. Allow to express feelings Provide accurate, concrete information about what is being done</p>	
	<p>Acute pain Related factors: Result form surgery Symptoms / Risk factors: Discomfort in surgical areas Guarding behavior Nausea Verbal or coded report Outcome / Goal: Patient appears relaxed and comfortable Patient verbalizes relief of pain</p>		<p>Pain Management Asses cause of pain Caution the patient to avoid bumping head Encourage the patient no to cough or sneeze Encourage ambulation and independence as tolerated Provide quiet diversional activities, such as listening to a radio or audio book Administer medication as prescribet Teach proper technique in giving eye medications. Obs. pain (effectivnes of medication)</p>	
	<p>Deficient knowledge: Discharge Related factors: Lack of exposure or unfamiliarity with resources information misinterpretation Symptoms / Risk factors: Questions Outcome / Goal: Verbalize understanding of condition, prognosis, and treatme</p>		<p>Teaching: Disease Process Acknowledge patient's knowledge about condition Discuss symptoms and interventions Identify appropriate community resources Outline normally expected limitations, if any, on ADLs Demonstrate proper technique for administration of eye drops Encourage client to make necessary changes in lifestyle Recommend regular use of sunglasses. exercise and activity restrictions recommendations Identify strategies and resources for socialization</p>	