

Diarrhea

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Diarrhea</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Adverse effects of medications</li> <li>Alcohol abuse</li> <li>Contaminants</li> <li>High stress levels and anxiety</li> <li>Infectious processes</li> <li>Inflammation</li> <li>Irritation</li> <li>Laxative abuse</li> <li>Malabsorption</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Abdominal pain</li> <li>At least 3 loose liquid stools per day</li> <li>Cramping</li> <li>Hyperactive bowel sounds</li> <li>Urgency</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Reduction in frequency of stools</li> </ul>		<p><b>Diarrhea Management</b></p> <ul style="list-style-type: none"> <li>Identify foods and fluids that precipitate diarrhea</li> <li>Observe and record stool frequency</li> <li>Observe for fever, tachycardia, lethargy and leukocytosis</li> <li>Start oral fluid (only) intake gradually. Offer clear liquids</li> <li>Adm. medications: such as Antidiarrheals, Anti-inflammatories and Steroids,</li> </ul>	