

Disturbed body image

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Disturbed body image Related factors: Biophysical Changes in anatomical contour of face and neck Cognitive/perceptual Cultural or spiritual Deformities Developmental changes Fractures Illness treatment Lesions Loss of childbearing capacity Loss of voice Missing body part Odiferous discharge Perceived body image changes Psychosocial Surgery Trauma or injury Urethral discharge Vaginal discharge Symptoms / Risk factors: Actual change in structure and/or function Anxiety, depression, lack of eye contact Behaviors of avoidance, monitoring, or acknowledgment of one Change in ability to estimate spatial relationship of body t Change in social involvement Depersonalization of part or loss by impersonal pronouns Emphasis on remaining strengths Extension of body boundary to incorporate environmental obje Fear of rejection or of reaction by others Focus on past strength, function, or appearance Heightened achievement Hiding or overexposing body part (intentional or unintention Missing body part Negative feelings about body (e.g., feelings of helplessness Nonverbal response to actual or perceived change in body str Not looking at body part Not touching body part Objective Personalization of part or loss by name Preoccupation with change or loss Refusal to verify actual change Subjective Trauma to nonfunctioning part Verbalization of change in lifestyle Verbalization of feelings that reflect an altered view of on Verbalization of perceptions that reflect an altered view of Outcome / Goal: Express positive feelings about self Patient is able to identify changes in self</p>		<p>Body Image Enhancement Assess feelings about self and body Assist patient to discuss changes caused by surgery, as appropriate Assist patient to identify actions that will enhance appearance Avoid arguing with client Be alert to suicidal ideation/behavior Be aware of own reaction to client's behavior. Encourage client to express his feelings Encourage family interaction with one another Establish a therapeutic nurse-client relationship Facilitate contact with individuals with similar changes in body image Identify support groups available to patient Monitor whether patient can look at the changed body part Provide accurate information about causes, prognosis and treatment of condition Teaching: Sexuality Assess understanding on the effect of surgery on sexuality and sexual desire Determine ability in discussing effect of surgery on personal relationship</p>	