

Down's syndrome

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Risk for caregiver role strain</p> <p>Related factors: Infant with Down's syndrome Complicated illness Stay in neonatal intensive care unit</p> <p>Symptoms / Risk factors: Unpredictable illness course. Complexity/amount of caregiving tasks Duration of caregiving required Inexperience with caregiving Marginal caregiver's coping patterns Psychological or cognitive problems in care receiver</p> <p>Outcome / Goal: Parents openly express feelings. Parents are able to problem solve effectively regarding care Parents demonstrate adaptive coping for dealing with stress Parents able to complete caregiving tasks Parents express desire to join support group</p>		<p>Parenting Promotion Assist parents to gain a realistic view of infant's capabilities Asses parents understanding and expectations of infants future</p> <p>Coping Enhancement Appraise the parent's / family understandnig of Down's syndrome Educate parent's / family about neonatal intensive care unit Encourage parent's to visit neonatal intensive care unit Assist parent's / family in providing emotional support. Assist the parent's to clarify misconceptions Encourage parent's / family involvement, as appropriate Encourage verbalization of feelings, perceptions, and fears Identify available support groups to assist in lifestyle adaptation.</p> <p>Attachment promotion Determine strength of parent's bonds Provide step-by-step verbal support in a calm, strong voice Create an atmosphere to facilitate trust Monitor parent's self-perception as a parent Encourage parent's to touch and talk to the infant Provide father opportunity to stay with mother in intensive care unit Provide calm environment during parent's stay in the intensive care unit Ensure that mother gets adequate rest</p>	
	<p>Ineffective infant feeding pattern</p> <p>Related factors: Down's syndrome</p> <p>Symptoms / Risk factors: Inability to coordinate sucking, swallowing, and breathing Inability to initiate or sustain an effective suck</p> <p>Outcome / Goal: Infant shows adequate nutrition patterns - (weight gain) Infant is calm</p>		<p>Breastfeeding Assistance Ensure proper positioning for breast feeding Assess infant's ability to suck Encourage mother to feed infant frequently Consider using Breast Pump in case of infant sucking problems</p> <p>Nutrition Management Monitor intake / output _____ Monitor weight frequently Consider supplement with formula if necessary</p> <p>Aspiration Precautions Prevention Assess infants respiratory status, regurgitation and cough Keep suction equipment ready at bedside</p>	