

Dressing/grooming self-care deficit

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Dressing/grooming self-care deficit</b></p> <p><b>Related factors:</b></p> <p>Decreased or lack of motivation</p> <p>Discomfort</p> <p>Environmental barriers</p> <p>Musculoskeletal impairment</p> <p>Neuromuscular impairment</p> <p>Pain</p> <p>Perceptual or cognitive impairment</p> <p>Severe anxiety</p> <p>Weakness or tiredness</p> <p><b>Symptoms / Risk factors:</b></p> <p>Impaired ability to fasten clothing</p> <p>Impaired ability to obtain or replace articles of clothing</p> <p>Impaired ability to put on or take off necessary items of clothing</p> <p>Inability to choose clothing</p> <p>Inability to maintain appearance at a satisfactory level</p> <p>Inability to perform ADL's</p> <p>Inability to pick up clothing</p> <p>Inability to put on clothing on lower body</p> <p>Inability to put on clothing on upper body</p> <p>Inability to put on shoes</p> <p>Inability to put on socks</p> <p>Inability to remove clothes</p> <p>Inability to use assistive devices</p> <p>Inability to use zippers</p> <p><b>Outcome / Goal:</b></p> <p>The patient will demonstrate increased ability to dress self</p>		<p><b>Self-Care Assistance: Dressing/Grooming</b></p> <p>Allow sufficient time for dressing and undressing</p> <p>Assess patient's ability to dress</p> <p>Choose clothing that is loose-fitting</p> <p>Lay clothes out in the order in which they will be needed to dress</p> <p>Provide for privacy during dressing routine</p>	