

Dysfunctional grieving

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Dysfunctional grieving</p> <p>Related factors:</p> <ul style="list-style-type: none"> Absence of other living children Anticipated loss of physiological well-being Cancer (terminal) Congenital anomaly Difficult situation Frequency of major life events Later gestational age at time of loss Length of life of infant Limited time since perinatal loss and subsequent conception Loss Marital adjustment problems Number of past perinatal losses Past psychiatric or mental health treatment Predisposition for anxiety and feelings of inadequacy Preloss neuroticism Preloss psychological symptoms Viewing of ultrasound images of the fetus <p>Symptoms / Risk factors:</p> <ul style="list-style-type: none"> Altered activities of daily living Anger Death anxiety Decreased self-esteem Denial Dependency Depression Diminished sense of control Feelings of inadequacy Intrusive images Loss-associated sense of despair Persistent anxiety Prolonged difficulty coping Self-criticism <p>Outcome / Goal:</p> <ul style="list-style-type: none"> Continue normal life activities Identify and express feelings appropriately Looking toward and planning for the future, one day at a time 		<p>Grief Work Facilitation</p> <ul style="list-style-type: none"> Assess and consider client's preparation for and view of amputation. Assess degree of support available to client. Assess the patient's past coping style and mechanism used in stressful situation Determine degree of insight in the present situation Encourage expression of fears, negative feelings and grief. Explore the nature of the patient's past attitudes Offer feedback regarding the patient's expressed feelings. Provide quiet and privacy when needed or requested. Support the use of adaptive coping mechanisms. 	