**Dysfunctional grieving**

<table>
<thead>
<tr>
<th>Nr.</th>
<th>Nursing Diagnosis</th>
<th>Date</th>
<th>Nursing Intervention/s and tasks</th>
</tr>
</thead>
<tbody>
<tr>
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<td><strong>Dysfunctional grieving</strong></td>
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<td><strong>Grief Work Facilitation</strong></td>
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**Related factors:**
- Absence of other living children
- Anticipated loss of physiological well-being
- Cancer (terminal)
- Congenital anomaly
- Difficult situation
- Frequency of major life events
- Later gestational age at time of loss
- Length of life of infant
- Limited time since perinatal loss and subsequent conception
- Marital adjustment problems
- Number of past perinatal losses
- Past psychiatric or mental health treatment
- Predisposition for anxiety and feelings of inadequacy
- Preloss neuroticism
- Preloss psychological symptoms
- Viewing of ultrasound images of the fetus

**Symptoms / Risk factors:**
- Altered activities of daily living
- Anger
- Death anxiety
- Decreased self-esteem
- Denial
- Dependency
- Depression
- Diminished sense of control
- Feelings of inadequacy
- Intrusive images
- Loss-associated sense of despair
- Persistent anxiety
- Prolonged difficulty coping
- Self-criticism

**Outcome / Goal:**
- Continue normal life activities
- Identify and express feelings appropriately
- Looking toward and planning for the future, one day at a time

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by: __________________________

signature