

Dysrhythmias

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Decreased cardiac output</b></p> <p><b>Related factors:</b> Altered heart rate/rhythm</p> <p><b>Symptoms / Risk factors:</b> Anxiety Arrhythmias (tachycardia, bradycardia) Restlessness EKG changes Shortness of breath/dyspnea</p> <p><b>Outcome / Goal:</b> Blood pressure level: _____ HR rate level _____ Dry and warm skin Effortless breathing</p>		<p><b>Dysrhythmia Management</b></p> <p>Initiate and maintain IV access, as appropriate</p> <p>Apply EKG electrodes and connect to a cardiac monitor</p> <p>Monitor hemodynamic response to the dysrhythmia</p> <p>Administer prescribed IV fluids and vasoconstrictor agents as ordered</p> <p>Assist patient and family in understanding treatment options</p>	
	<p><b>Deficient knowledge</b></p> <p><b>Related factors:</b> Unfamiliarity with disease and treatment</p> <p><b>Symptoms / Risk factors:</b> Increase in anxiety level Multiple questions</p> <p><b>Outcome / Goal:</b> Patient verbalize understanding of disease</p>		<p><b>Teaching: Disease Process</b></p> <p>Acknowledge patient's knowledge about condition</p> <p>Discuss therapy/treatment options</p> <p>Identify possible etiologies, as appropriate</p> <p><b>Teaching: Prescribed Medication</b></p> <p>Acknowledge patient's knowledge of medications</p> <p>Instruct the patient on the purpose and action of each medication</p> <p>Instruct the patient on the signs and symptoms of overdose</p> <p>Include the family/significant others, as appropriate</p>	
	<p><b>Ineffective coping</b></p> <p><b>Related factors:</b> High degree of threat Inadequate level of confidence in ability to cope</p> <p><b>Symptoms / Risk factors:</b> Situational crisis Poor concentration Fatigue</p> <p><b>Outcome / Goal:</b> Patient verbalizes acceptance of disease</p>		<p><b>Coping Enhancement</b></p> <p>Appraise the patient's understanding of the disease process</p> <p>Assist the patient to clarify misconceptions</p> <p>Encourage verbalization of feelings, perceptions, and fears</p> <p>Encourage family involvement, as appropriate</p>	