

Excess fluid volume

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Excess fluid volume</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Excess fluid intake</li> <li>Excess sodium intake</li> <li>Renal insufficiency or failure</li> <li>Sodium and water retention</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Blood pressure changes, pulmonary artery pressure changes,</li> <li>Change in mental status, restlessness, anxiety</li> <li>Changes in respiratory pattern, dyspnea or shortness of brea</li> <li>Decreased hemoglobin and hematocrit, altered electrolytes, s</li> <li>Edema, may progress to anascara</li> <li>Hypertension</li> <li>Intake exceeds output</li> <li>Jugular vein distention</li> <li>Oliguria, azotemia</li> <li>Weight gain over short period of time</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Achieving fluid and electrolyte balance</li> <li>Verbalize understanding of dietary and fluid restriction</li> </ul>		<p><b>Electrolyte Management</b></p> <ul style="list-style-type: none"> <li>Monitor Lab tests such as electrolytes</li> <li>Maintain fluid and sodium restrictions, as indicated.</li> <li>Administer medications, as indicated - Diuretics</li> <li>Consult with dietitian.</li> </ul> <p><b>Fluid Management</b></p> <ul style="list-style-type: none"> <li>Advance diet from clear liquids to low-residue diet when allowed</li> <li>Advise to avoid fatty foods</li> <li>Assess for distended neck and peripheral vessels</li> <li>Assess skin turgor, mucous membranes, and thirst</li> <li>Explain reasons for therapy and it inteded effects to parents and family membe</li> <li>Explain reasons for therapy and it inteded effects to patient and family membe</li> <li>Measure intake and output;weigh _____</li> <li>Monitor vital signs and central venous pressure</li> <li>Provide prescribed diet – liquid or soft diet during acute phase.</li> </ul> <p><b>Fluid Monitoring</b></p> <ul style="list-style-type: none"> <li>Instruct patient about the importance of following prescribed diet</li> <li>Monitor acid base balance</li> <li>Obs fluid balance (inntake and out)</li> <li>Obs vital signs Bp. O2 and pulse</li> <li>Obs. orthostatic blodpressure</li> </ul>	