

Hyperemesis

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Imbalanced nutrition: Insufficient</p> <p>Related factors: Nausea, vomiting Uncontrollable vomiting</p> <p>Symptoms / Risk factors: Dehydration Weight loss</p> <p>Outcome / Goal: Nutritional status to almost normal</p>		<p>Fluid Management</p> <p>Restrict oral intake until vomiting stops Give anti-emetic drugs as prescribed Allow frequent rest periods Maintain intravenous infusion as prescribed Measure intake and output; weigh _____ Provide prescribed diet – liquid or soft diet during acute phase. Advise to avoid fatty foods</p>	
	<p>Ineffective coping</p> <p>Related factors: Situational or maturational crisis physiological changes of pregnancy.</p> <p>Symptoms / Risk factors: Fatigue Inability to meet basic needs Poor concentration</p> <p>Outcome / Goal: Patient performs self-care behaviors</p>		<p>Coping Enhancement</p> <p>Appraise the patient's understanding of the disease process Assist the patient to clarify misconceptions Encourage verbalization of feelings, perceptions, and fears</p>	
	<p>Activity intolerance</p> <p>Related factors: Inability to perform one or more self-care activities Weakness</p> <p>Symptoms / Risk factors: Verbal report of fatigue or weakness</p> <p>Outcome / Goal: Patient maintains activity level within capabilities</p>		<p>Teaching: Prescribed Activity/Exercise</p> <p>Encourage activity as tolerated, rest as needed Encourage the family to supervise and assist with ambulation as needed</p>	