

Hyperthermia

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Hyperthermia Related factors: Bacterial infection Dehydration Exposure to environment with increased temperature Illness or trauma Inability or decreased ability to perspire Inappropriate clothing Increased metabolic rate Medications or anesthesia Vigorous activity Symptoms / Risk factors: Temp above 37.5 C Elevated heart rate Excessive sweating Flushed skin Increased respiratory rate Seizures or convulsions Warm to touch Outcome / Goal: Temp. normal</p>		<p>Fever Treatment Administering doctor-prescribed fever reducers Assess whether clothing or bed covers are too warm for the environment Assess whether clothing or bed covers are too warm for the environment/child Monitor effects of medication _____ Teach the early signs of hyperthermia: Flushed skin, Fatigue and loss of appetite</p> <p>Infection Control Administer antibiotics per os or IV as indicated Administer medication due as ordered by the physician Administering doctor-prescribed fever reducers Assess client knowledge Assess client knowledge of Sexually Transmitted Infections Assess whether clothing or bed covers are too warm for the environment Assist with peritoneal aspiration, if indicated. Encourage fluid intake by offering fluids regularly Encourage increased oral intake based on individual needs Examine skin and oral mucous membranes for white patches or lesions Input and Output of Fluid Measurement Maintain strict aseptic technique in caring for abdominal drains, incisions Monitor effects of medication _____ Monitor lab. studies, as indicated _____ Monitor urine output. Monitor vital signs _____ Note skin color, temperature, and moisture. Observe drainage from wounds or drains. Obtain specimens as indicated Prepare for surgical intervention if planned Provide information about Chlamydia, Gonorrhea, Syphilis, Genital warts, herpes Teach about recurrence and/ or reinfection Teach about use of anti-infective agents as indicated: Azithromycin and Doxycycline Teach the patient to complete the prescribed treatments Wash hands before and after all care contacts</p>	