

Hypothermia (risk)

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Hypothermia (risk) Related factors: Evaporation from skin in cool environment Extreme of age (inability to shiver) Symptoms / Risk factors: Cool skin Reduction in body temperature below normal range Outcome / Goal: Be free of signs of respiratory distress and cold stress Maintain core, skin, and axillary temperature and vital sign</p>		<p>Temperature Regulation Assess neonate's core temperature (skin temperature) Assess temperature frequently, rectal and axillary Check vital signs every 2 hours. Consider admission to special care nursery Dry newborn's head and body Give a neutral ambient temperature Keep the temperature between 35.5 to 37 C Monitor infant's temperature when out of warmed environment Note environmental temperature Note signs of respiratory distress Observe newborn for signs of cold stress Place infant in warmer, Isolette, incubator, Place infant in warmer, Isolette, incubator, open bed with radiant warmer Provide O2 as indicated.</p>	