

Hysterctomy

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient knowledge: Preoperative Related factors: Unfamiliarity with disease and treatment Symptoms / Risk factors: Verbalized lack of knowledge Increase in anxiety level Multiple questions Outcome / Goal: Patient verbalize understanding of disease and procedure</p>		<p>Teaching: Disease Process Assess knowledge of the disease and treatment Identify possible etiologies, as appropriate Discuss therapy/treatment options Teaching: Procedure/Treatment Describe the preprocedure/pretreatment activities Explain the purpose of the procedure/treatment Introduce the patient to the staff who will be involved in the procedure/treatment Include the family/significant others, as appropriate</p>	
	<p>Acute pain Related factors: Result from surgery Verbal complaints of pain Symptoms / Risk factors: Autonomic change in muscle tone Facial mask Verbal or coded report Outcome / Goal: Patient verbalizes relief of pain</p>		<p>Pain Management Asses cause of pain Optimize the patient's comfort in bed Administer medication as prescribed Obs. pain (effectiveness of medication) Patient-Controlled Analgesia (PCA) Assistance Validate that the patient can use a PCA device Teach patient how to use the PCA device Assist patient to administer an appropriate bolus loading dose of analgesic Document patient's pain, amount and frequency of drug dosing, and response</p>	
	<p>Disturbed body image Related factors: Surgery Perceived body image changes Loss of childbearing capacity Symptoms / Risk factors: Missing body part Fear of rejection or of reaction by others Outcome / Goal: Patient is able to identify changes in self</p>		<p>Body Image Enhancement Assess feelings about self and body Assist patient to discuss changes caused by surgery, as appropriate Assist patient to identify actions that will enhance appearance Teaching: Sexuality Assess understanding on the effect of surgery on sexuality and sexual desire Determine ability in discussing effect of surgery on personal relationship</p>	
	<p>Fear Related factors: Unfamiliarity with environmental experience(s) Symptoms / Risk factors: Being scared Outcome / Goal: Demonstrates reduced levels of anxiety</p>		<p>Anxiety reduction Explain all procedure as appropriate Inform patient about his stay in the post op care unit Spend time talking with resident. Allow to express feelings.</p>	