Patients info label here

Ileus

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	Acute pain *Related factors:* Bowel obstruction *Symptoms / Risk factors:* Changes in appetite and eating Facial mask Abnormal Bowel sounds Constipated and unable to pass flatus Crampy pain Abdominal distention *Outcome / Goal:* Patient appears relaxed and comfortable Patient verbalizes relief of pain		**Pain Management** Asses cause of pain Instruct patient to relax and rest Optimize the patient's comfort in bed **Analgesic Administration** Administer medication as prescribet Obs. pain (effectivnes of medication)	
	Risk for deficient fluid volume *Related factors:* Fasting Vomiting Diarrhea *Symptoms / Risk factors:* Excessive losses through normal routes (e.g., diarrhea) Deviations affecting access, intake, or absorption of fluids Lowered blodpressure and tachycardia Oliguria Electrolyte imbalance *Outcome / Goal:* Patient will maintain balanced fluid intake and output Normal vital signs		**Fluid Management** Restrict oral intake until vomiting stops Maintain intravenous infusion as prescribed Monitor and record patient's intake (IV) and output (urin) Provide fluid po if prescribet **Vital Signs Monitoring** Monitor patient's vital signs every____hours Monitor urine output **Urinary Catheter care** Check the drainage tube frequently to make sure it is not kinked. Keep the urinary drainage bag below the level of the bladder Remove catheter as soon as possible **Intravenous (IV) Therapy** Change IV tubing every __ hours to prevent contamination Obs dressing and change if necessary (as prescribet) Observe for potential complications	
	Imbalanced nutrition: Insufficient *Related factors:* Bowel obstruction *Symptoms / Risk factors:* Aversion to eating Weight loss Nausa and Vomiting *Outcome / Goal:* Patient will maintain balanced intake and output		**Nutrition Management** Assess overall nutritional status Consult a dietitian Assess current timing and content of meals. Suggest the patient take small bites of food Monitor weight _____. Offer antiemetics as prescribed	
	Activity intolerance *Related factors:* Bed rest or immobility Weakness Fear and pain *Symptoms / Risk factors:* Verbal report of fatigue or weakness Inability to perform ADLs *Outcome / Goal:* Patient maintains activity level within capabilites		**Teaching: Prescribed Activity/Exercise** Encourage activity as tolerated, rest as needed Obs. symptoms(comfort,vital sign and skin color) of patients activity	

Plan created: 7.11.2016 by:_____

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