

Impaired oral mucous membrane

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Impaired oral mucous membrane</p> <p>Related factors:</p> <p>Aging related loss of connective, adipose, or bone tissue Barriers to oral self care Chemical irritants (e.g., alcohol, tobacco, acidic foods, dr Chemotherapy Cleft lip or palate Decreased platelets Dehydration Difficulty swallowing and pooling of secretions and drooling Diminished hormone levels (women) Immunosuppression Ineffective oral hygiene Infection Lack of or decreased salivation Malnutrition or vitamin deficiency Mechanical (e.g., ill fitting dentures, braces, tubes [endot Medication side effects Mouth breathing NPO for more than 24 hours Pathological conditions: Oral cavity (radiation to head or Radiation therapy Trauma</p> <p>Symptoms / Risk factors:</p> <p>Bleeding Coated tongue Desquamation Difficult speech Edema Enlarged tonsils beyond what is developmentally appropriate Fissures, cheilitis Geographic tongue Gingival hyperplasia Gingival or mucosal pallor Gingival recession, pockets deeper than 4 mm Halitosis Hyperemia Macroplasia Mucosal denudation Oral lesions or ulcers Oral pain/discomfort Presence of pathogens Purulent drainage or exudates Red or bluish masses (e.g., hemangiomas) Self report of bad taste Self report of difficulty eating or swallowing Smooth atrophic, sensitive tongue Stomatitis Vesicles, nodules, or papules White patches/plaques, spongy patches, or white curdlike exu Xerostomia (dry mouth)</p> <p>Outcome / Goal:</p> <p>Display intact mucous membranes Report or demonstrate a decrease in symptoms</p>		<p>Oral Health Restoration</p> <p>Administer medications, as indicated Apply lubrication to lips; provide oral irrigations as indicated Avoid alcohol-based mouthwashes. Have patient perform self-suctioning when possible Inspect oral cavity and note changes in: Saliva, Tongue, Teeth an Gum, and Libs Plan diet to avoid salty, spicy, abrasive, and acidic food Provide oral care daily and after food intake Refer for dental consultation, if appropriate Show patient how to brush inside of mouth, palate, Tongue and Teeth Suction oral cavity gently and frequently.</p>	