

Ineffective infant feeding pattern

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Ineffective infant feeding pattern</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Anatomic abnormality</li> <li>Down's syndrome</li> <li>Neurological impairment/delay</li> <li>Oral hypersensitivity</li> <li>Prematurity</li> <li>Prolonged NPO</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Inability to coordinate sucking, swallowing, and breathing</li> <li>Inability to initiate or sustain an effective suck</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Infant is calm</li> <li>Infant shows adequate nutrition patterns - (weight gain)</li> </ul>		<p><b>Aspiration Precautions Prevention</b></p> <ul style="list-style-type: none"> <li>Instruct the parents in feeding techniques</li> <li>Monitor</li> <li>Regularly assess the neonate's respiratory status until stable</li> <li>Suction as needed to keep airways clear</li> <li>Withhold oral feedings if signs of respiratory distress occur</li> </ul> <p><b>Breastfeeding Assistance</b></p> <ul style="list-style-type: none"> <li>Alternate oral and gavage feeding to conserve the neonate's energy</li> <li>Assess infant's ability to suck</li> <li>Assess the mother's desire to resume breastfeeding to plan intervention</li> <li>Assess the need for gavage feeding</li> <li>Consider using Breast Pump in case of infant sucking problems</li> <li>Encourage mother to feed infant frequently</li> <li>Ensure proper positioning for breast feeding</li> <li>Record the number of stools and amount of urine voided each shift</li> <li>Weight the neonate at the same time each day on the same scale</li> </ul> <p><b>Nutrition Management</b></p> <ul style="list-style-type: none"> <li>Adjust potassium restriction as indicated</li> <li>Administer enteral or parenteral feedings, as indicated</li> <li>Advance diet as tolerated—clear liquids to soft food</li> <li>Allow adequate time for meals, avoid rushing the patient</li> <li>Antifungal or anesthetic mouthwash, if indicated</li> <li>Assess abdomen ,bowel sounds, abdominal distention and nausea</li> <li>Assess current timing and content of meals.</li> <li>Assess overall nutritional status and history</li> <li>Auscultate bowel sounds, noting absent and hyperactive sounds.</li> <li>Consider supplement with formula if necessary</li> <li>Consult a dietitian</li> <li>If not NPO status then:</li> <li>Maintain feeding tube: check for tube placement and flush (if indicated)</li> <li>Monitor intake / output _____</li> <li>Monitor NG tube output. Note presence of vomiting</li> <li>Monitor protein, prealbumin or albumin, glucose, and nitrogen balance, as indic.</li> <li>Monitor weight frequently</li> <li>Monitor weight ____ weekly, Encourage patient/family to keep weight /diet log</li> <li>Monitor weight _____.</li> <li>Observe color, consistency, and amount of stools</li> <li>Suggest 4 to 5 small meals per day and plenty of fluid intake &gt; _____ml</li> <li>Suggest the patient take small bites of food</li> </ul>	