

Ineffective therapeutic regimen managememe

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Ineffective therapeutic regimen managemer</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Complexity of healthcare system</li> <li>Complexity of therapeutic regimen</li> <li>Decisional conflicts</li> <li>Economic difficulties</li> <li>Excessive demands made on individual or family</li> <li>Family conflict</li> <li>Family patterns of health care</li> <li>Inadequate number and types of cues to action</li> <li>Knowledge deficit</li> <li>Mistrust of regimen and/or healthcare personnel</li> <li>New-onset diabetes</li> <li>Perceived barriers</li> <li>Perceived benefits</li> <li>Perceived seriousness</li> <li>Perceived susceptibility</li> <li>Powerlessness</li> <li>Social support deficit</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Choices of daily living ineffective for meeting the goals of</li> <li>Verbalizes desire to manage the treatment of illness and pre</li> <li>Verbalizes difficulty with regulation/integration of one or</li> <li>Verbalizes that did not take action to include treatment reg</li> <li>Verbalizes that did not take action to reduce risk factors f</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Patient demonstrates knowledge of disease</li> <li>Patient demonstrates knowledge of diabetes self-care measures</li> <li>Patient is able to maintain blood glucose level</li> </ul>		<p><b>Teaching: Disease Process</b></p> <ul style="list-style-type: none"> <li>Acknowledge patient's knowledge about condition</li> <li>Address sexual concerns during acute episodes of prostatitis</li> <li>Asses patient's medication history (side effects: deaccrease calcium uptake)</li> <li>Assess te patient's knowledge of osteoporosis and treatment</li> <li>Assess knowledge of the disease and treatment</li> <li>Assess the patient's mental status (orientation,memory,insight,judgment)</li> <li>Avoid the use of alcohol-based lotions</li> <li>Demonstrate proper technique for administration of eye drops</li> <li>Demonstrate sterile or clean dressing change as appropriate.</li> <li>Describe diagnostic tests available</li> <li>Determine client's perception of cancer and treatment</li> <li>Discuss effects of anemias on preexisting conditions</li> <li>Discuss general residual limb care:Wash daily,Massage, Dressing and so on</li> <li>Discuss therapy/treatment options</li> <li>Emphasize importance of medical follow-up care.</li> <li>Emphasize need for long-term follow up and periodic reevaluation.</li> <li>Encourage client to make necessary changes in lifestyle</li> <li>exercise and activity restrictions recommendations</li> <li>Explain common diagnostic tests</li> <li>Explain common diagnostic tests (MRI, CT and lumbar puncture)</li> <li>Explain home care measures:intake and output and BP measurement</li> <li>Explain need for chest tube placement and related patient care.</li> <li>Explain need for follow-up care</li> <li>Explain the etiologies for bipolar disorder</li> <li>Explain the sign and symptoms for depression and bipolar disorder</li> <li>Explain transmission of sexual transmitted infections</li> <li>Identify appropriate community resources</li> <li>Identify possible etiologies, as appropriate</li> <li>Identify signs and symptoms requiring medical evaluation: fewer and night sweat</li> <li>Identify strategies and resources for socialization</li> <li>Identify techniques to manage phantom sensation</li> <li>If patient is woman - optain gyneological hystory</li> <li>Instruct client and caregivers concerning infection control</li> <li>Monitor lab results - calcium level</li> <li>Optain sexual history</li> <li>Outline normally expected limitations, if any, on ADLs</li> <li>Patient education:Diet,Medication effects and Exercise</li> <li>Patient education:Disease process,Diet,Medication effects and Exercise</li> <li>Provide clear, accurate information in a factual but in sensitive manner</li> <li>Provide written materials about cancer, treatment, and available support systems</li> <li>Recommend cessation of smoking</li> <li>Recommend regular use of sunglasses.</li> <li>Refer to community resources as needed</li> <li>Reinforce dietary teaching about increased calcium intake</li> <li>Stress importance of well-balanced diet and adequate fluid intake.</li> <li>Teach about Etiological factors: unknown,rheumatic fever, cardiomyopathy and e</li> <li>Teach patient about occurence of disease (MVP)</li> <li>Teach sign and symptoms of sexual transmitted infections</li> </ul> <p><b>Teaching: Prescribed Diet</b></p> <ul style="list-style-type: none"> <li>Assess current timing and content of meals.</li> <li>Make sure patient has adequate knowledge of diet, exercise</li> </ul>	