

Ineffective thermoregulation

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Ineffective thermoregulation</p> <p>Related factors:</p> <p>Fluctuating environmental temperature</p> <p>Immaturity</p> <p>Symptoms / Risk factors:</p> <p>Cool skin</p> <p>Cyanotic nail beds</p> <p>Fluctuation of body temperature below/above _____</p> <p>Flushed skin</p> <p>Increased respiratory rate</p> <p>Seizures/convulsions</p> <p>Shivering (mild)</p> <p>Tachycardia</p> <p>Warm to touch</p> <p>Outcome / Goal:</p> <p>Maintain skin/axillary temperature within _____</p>		<p>Temperature Regulation</p> <p>Assess neonate's core temperature (skin temperature)</p> <p>Assess temperature frequently, rectal and axillary</p> <p>Check vital signs every 2 hours.</p> <p>Consider admission to special care nursery</p> <p>Dry newborn's head and body</p> <p>Give a neutral ambient temperature</p> <p>Keep the temperature between 35.5 to 37 C</p> <p>Monitor infant's temperature when out of warmed environment</p> <p>Note environmental temperature</p> <p>Note signs of respiratory distress</p> <p>Observe newborn for signs of cold stress</p> <p>Place infant in warmer, Isolette, incubator, open bed with radiant warmer</p> <p>Provide O2 as indicated.</p>	