

Infant Apnea

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Ineffective breathing pattern</p> <p>Related factors: Neurological immaturity Impaired regulation Retained secretions—tracheobronchial obstruction</p> <p>Symptoms / Risk factors: Cessation of breathing for 20 seconds or longer Cyanosis</p> <p>Outcome / Goal: Normal breathing pattern _____ Maintain adequate ventilation</p>		<p>Respiratory Monitoring</p> <p>Position infant on abdomen if possible Auscultate breath sounds Monitor rate, rhythm, depth, and effort of respirations Clear airway; gently suction nasopharynx, as needed</p>	
	<p>Impaired gas exchange</p> <p>Related factors: Alveolar capillary membrane changes immaturity of central nervous system inadequate surfactant level Ventilation perfusion imbalance</p> <p>Symptoms / Risk factors: Abnormal arterial blood gases Cyanosis (in neonates only) Irritability</p> <p>Outcome / Goal: Better arterial blood gases _____ Demonstrate improved ventilation and oxygenation of tissues</p>		<p>Oxygen Therapy</p> <p>Administer O₂, as needed, by mask, hood, endotracheal tube, or mech. ventila Monitor oxygen therapy closely. Asses O₂ saturation and arterial blood gases</p>	
	<p>Risk for altered parenting</p> <p>Related factors: Parents Stay in neonatal intensive care unit Complicated illness</p> <p>Symptoms / Risk factors: Inexperience with caregiving Verbalization of role inadequacy</p> <p>Outcome / Goal: Parents openly express feelings. Parents will demonstrate necessary skills for caring Verbalized readiness to deal with apneic episodes Demonstrates correct applications and opera. of apnea monitor</p>		<p>Role Enhancement</p> <p>Inform parents of neonate's immediate needs Instruct Parents about the use of Apnea monitor Provide written and/ pictoral instruction regarding the Apnea Monitor Provide praise and support for parents as they learn to use the Apnea Monitor</p>	