

Lumpectomy

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Deficient knowledge: Preoperative</b>  <b>Related factors:</b>                      Unfamiliarity with information resources  <b>Symptoms / Risk factors:</b>                      Increase in anxiety level                      Multiple questions  <b>Outcome / Goal:</b>                      Patient verbalize understanding of disease and procedure</p>		<p><b>Teaching: Preoperative</b>                      Describe the preoperative routines                      Determine the patient's expectations of the surgery                      Provide time for the patient to ask questions and discuss concerns</p>	
	<p><b>Disturbed body image</b>  <b>Related factors:</b>                      Surgery                      Perceived body image changes                      Missing body part  <b>Symptoms / Risk factors:</b>                      Not looking at body part                      Preoccupation with change or loss                      Refusal to verify actual change  <b>Outcome / Goal:</b>                      Patient is able to identify changes in self                      Express positive feelings about self</p>		<p><b>Body Image Enhancement</b>                      Assess feelings about self and body                      Assist patient to discuss changes caused by surgery, as appropriate                      Monitor whether patient can look at the changed body part</p>	
	<p><b>Anxiety</b>  <b>Related factors:</b>                      Environment                      Health status                      Threat to or change in Health status  <b>Symptoms / Risk factors:</b>                      Anxious                      Difficulty concentrating                      Expressed concerns due to change in life events  <b>Outcome / Goal:</b>                      Verbalize awareness of feelings of anxiety                      Will experience a reduction in anxiety</p>		<p><b>Anxiety reduction</b>                      Assess reasons for anxiety                      Reduce unnecessary external stimuli                      Spend time talking with patient. Allow to express feelings</p>	
	<p><b>Acute pain</b>  <b>Related factors:</b>                      surgical  <b>Symptoms / Risk factors:</b>                      Facial mask                      Verbal or coded report  <b>Outcome / Goal:</b>                      Patient verbalizes relief of pain</p>		<p><b>Pain Management</b>                      Assess cause of pain                      Administer medication as prescribed</p>	
	<p><b>Impaired skin integrity</b>  <b>Related factors:</b>                      surgical procedure  <b>Symptoms / Risk factors:</b>                      surgical wound                      bleeding  <b>Outcome / Goal:</b>                      surgical wound clean</p>		<p><b>Incision Site Care</b>                      Observe dressing (bleeding)                      Observe signs of infection                      Change dressing as prescribed</p>	
	<p><b>Deficient knowledge: Postoperative</b>  <b>Related factors:</b>                      Lack of previous experience with surgery  <b>Symptoms / Risk factors:</b>                      Questions                      Verbalized misconceptions  <b>Outcome / Goal:</b>                      Patient verbalizes understanding of need for follow-up care</p>		<p><b>Discharge Planning</b>                      Ascertain that patient has follow-up care arranged at discharge                      Discuss with physician the discharge plan and obtain orders if needed                      Discharge planned _____  <b>Wound Care</b>                      Teach the patient / caregiver about wound care using aseptic technique</p>	

Plan created: 12.11.2016

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Patients info label here

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