

Newborn

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Impaired gas exchange(risk)</b>  <b>Related factors:</b>                      Prenatal intrapartal stressor                      Excess production of mucus                      Alveolar capillary membrane changes  <b>Symptoms / Risk factors:</b>                      Abnormal rate, rhythm, depth of breathing                      Dyspnea                      Hypoxia                      Cyanosis (in neonates only)  <b>Outcome / Goal:</b>                      Be free of signs of respiratory distress                      Absent cyanosis</p>		<p><b>Respiratory Monitoring</b>                      Measure Apgar score at 1 and 5 min following deliveri                      Auscultate breath sounds                      Clear airway; gently suction nasopharynx, as needed                      Suction nares and oropharynx carefully as needed                      Note pitch and intensity of cry                      Monitor rate, rhythm, depth, and effort of respirations                      Observe skin color for location and extent of cyanosis                      Administer warmed oxygen via mask                      Assist with intubation at birth if indicated                      Assist with drawing of cord blood.                      Provide resuscitative measures if indicated</p>	
	<p><b>Hypothermia (risk)</b>  <b>Related factors:</b>                      Evaporation from skin in cool environment                      Extreme of age (inability to shiver)  <b>Symptoms / Risk factors:</b>                      Cool skin                      Reduction in body temperature below normal range  <b>Outcome / Goal:</b>                      Maintain core, skin, and axillary temperature and vital sign                      Be free of signs of respiratory distress and cold stress</p>		<p><b>Temperature Regulation</b>                      Place infant in warmer, Isolette, incubator,open bed with radiant warmer                      Dry newborn's head and body                      Note environmental temperature                      Assess neonate's core temperature (skin temperature)                      Observe newborn for signs of cold stress                      Note signs of respiratory distress                      Consider admission to special care nursery</p>	
	<p><b>Risk for impaired parent/infant/child attachr</b>  <b>Related factors:</b>                      Family conflicts                      Developmental transition  <b>Symptoms / Risk factors:</b>                      Anxiety associated with the parent role                      Inability of parents to meet personal needs                      Lack of privacy  <b>Outcome / Goal:</b>                      Recognize and resolve conflict appropriately                      Properly identify infant to assure correct family associatio</p>		<p><b>Parenting Promotion</b>                      Inform parents of neonate's immediate needs                      Place newborn in mother's/father's arms as possible                      Share information gained from initial physical assesment of infant                      Provide appropriate information in the event of unanticipated complications                      Assist parents to gain a realistic view of capabilities of infant                      Asses parents understanding and expectations of infants future</p>	
	<p><b>Risk for injury</b>  <b>Related factors:</b>                      Undetected or untreated congenital anomalies  <b>Symptoms / Risk factors:</b>                      Psychological (affective orientation)                      Immune autoimmune dysfunction  <b>Outcome / Goal:</b>                      Be free of injury/complications</p>		<p><b>Newborn Care</b>                      Clamp umbilical cord approximately ½-1 in. as soon as possible                      Promote parent-baby bonding                      Promote quiet enviroment for baby and parents                      Perform routine physical assessment of newborn                      Assess the parent's educational needs                      Describe to parents the appropriate rationale for actions taken to prevent injur</p>	