### Nursing Diagnosis

#### Readiness for Enhanced Parenting

**Related factors:**
- New family member

**Symptoms / Risk factors:**
- Children or other dependent person(s) express satisfaction with
- Emotional and tacit support of children or dependent person(s)
- Expresses willingness to enhance parenting
- Physical and emotional needs of children/dependent person(s)
- Realistic expectations of children/dependent person(s)

**Outcome / Goal:**
- Family will express enjoying spending time together
- Parents will express satisfaction in role of parent
- Parents will express confidence in ability to parent

### Nursing Intervention/s and tasks

#### Newborn Care
- Assess the parent's educational needs
- Clamp umbilical cord approximately ½–1 in. as soon as possible
- Describe to parents the appropriate rationale for actions taken to prevent injury
- Educate mother about baby's umbilical cord care
- Educate mother in breastfeeding techniques
- Evaluate infant for pallor, edema, or hepatosplenomegaly
- Keep infant warm and dry and monitor skin and core temp. frequently
- Initiate phototherapy per protocol
- Monitor lab studies
- Observe infant in natural light, noting sclera and oral mucosa, yellow of skin
- Perform routine physical assessment of newborn
- Promote parent-baby bonding
- Promote quiet environment for baby and parents
- Review infant’s condition at birth
- Teach about importance of adequate nutrition and fluid intake while breastfeeding
- Observe infant in natural light, noting sclera and oral mucosa, yellow of skin

#### Family Involvement Promotion
- Assess level of anxiety present in family
- Determine level of coping impairment
- Discuss underlying reasons for client behaviors with family
- Encourage family members to seek information and resources for coping skills
- Evaluate current behaviors that may be interfering with the care of client
- Investigate cultural norms and factors
- Refer the family to social services or counseling