

Readiness for Enhanced Parenting

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Readiness for Enhanced Parenting</p> <p>Related factors: New family member</p> <p>Symptoms / Risk factors: Children or other dependent person(s) express satisfaction w Emotional and tacit support of children or dependent person(Expresses willingness to enhance parenting Physical and emotional needs of children/dependent person(s) Realistic expectations of children/dependent person(s)</p> <p>Outcome / Goal: Family will express enjoying spending time together Parents will express satisfaction in role of parent Prenets will express confidence in ability to parent</p>		<p>Newborn Care</p> <p>Assess the parent's educational needs Clamp umbilical cord approximately ½-1 in. as soon as possible Describe to parents the appropriate rationale for actions taken to prevent injur Educate mother about baby's umbilical cord care Educate mother in breastfeeding techniques Evaluate infant for pallor, edema, or hepatosplenomegaly Keep infant warm and dry and monitor skin and core temp. frequently Initiate phototherapy per protocol Monitor lab studies Observe infant in natural light, noting sclera and oral mucosa, yellow.of skin Perform routine physical assessment of newborn Promote parent-baby bonding Promote quiet enviroment for baby and parents Review infant's condition at birth Teach about importance of adeq. nutrition and fluid intake while breastfeeding Observe infant in natural light, noting sclera and oral mucosa, yellow.of skin</p> <p>Family Involvement Promotion</p> <p>Assess level of anxiety present in family Determine level of coping impairment. Discuss underlying reasons for client behaviors with family Encourage family members to seek information and resources for coping skills Evaluate current behaviors that may be interfering with the care of client. Investigate cultural norms and factors Refer the family to social services or counseling</p>	