

Risk for Spinal trauma

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Risk for Spinal trauma</p> <p>Related factors: Balancing difficulties and changes in muscle coordination Temporary weakness of vertebral column</p> <p>Symptoms / Risk factors: Numbnes and or weaknes</p> <p>Outcome / Goal: Maintain proper alignment of spine. neurological status OK</p>		<p>Positioning: Neurologic</p> <p>Avoid sudden stretching, twisting, flexing, or jarring of spine Limit activities, as prescribed, when client has had a spinal fusion Monitor vital signs and obs report of dizziness or weakness Provide bed board or firm mattress. Refer to physical therapy. Implement program as outlined</p>	