

Risk for caregiver role strain

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Risk for caregiver role strain</b></p> <p><b>Related factors:</b></p> <ul style="list-style-type: none"> <li>Complicated illness</li> <li>Down's syndrome</li> <li>Infant with Down's syndrome</li> <li>Stay in neonatal intensive care unit</li> </ul> <p><b>Symptoms / Risk factors:</b></p> <ul style="list-style-type: none"> <li>Addiction or codependency</li> <li>Care receiver exhibits deviant, bizarre behavior</li> <li>Caregiver health impairment</li> <li>Caregiver is spouse</li> <li>Caregiver is female</li> <li>Caregiver not developmentally ready for caregiver role (e.g.</li> <li>Caregiver's competing role commitments</li> <li>Complexity/amount of caregiving tasks</li> <li>Developmental delay or retardation of the care receiver or c</li> <li>Discharge of family member with significant home care needs</li> <li>Duration of caregiving required</li> <li>Family/caregiver isolation</li> <li>Illness severity of the care receiver</li> <li>Inadequate physical environment for providing care (e.g., ho</li> <li>Inexperience with caregiving</li> <li>Premature birth/congenital defect</li> <li>Unpredictable illness course or instability in the care rece</li> </ul> <p><b>Outcome / Goal:</b></p> <ul style="list-style-type: none"> <li>Parents able to complete caregiving tasks</li> <li>Parents are able to problem solve effectively regarding care</li> <li>Parents demonstrate adaptive coping for dealing with stress</li> <li>Parents express desire to join support group</li> <li>Parents openly express feelings.</li> <li>Parents will verbalize understanding of infants illness</li> </ul>		<p><b>Attachment promotion</b></p> <ul style="list-style-type: none"> <li>Create an atmosphere to facilitate trust</li> <li>Determine strength of parent's /intrafamily</li> <li>Determine strength of parent's bonds</li> <li>Encourage parent's to touch and talk to the infant</li> <li>Ensure that mother gets adequate rest</li> <li>Monitor parent's self-perception as a parent</li> <li>Provide calm environment during parent's stay in the intensive care unit</li> <li>Provide calm environment</li> <li>provide education and hands-on assistance to parents and caregivers to help t</li> <li>Provide father opportunity to stay with mother in intensive care unit</li> <li>Provide step-by-step verbal support in a calm, strong voice</li> </ul> <p><b>Coping Enhancement</b></p> <ul style="list-style-type: none"> <li>Administer medications as indicated, for example antianxiety agents</li> <li>Appraise the parent's / family understandnig of Down's syndrome</li> <li>Appraise the Parents understandnig of Down's syndrome</li> <li>Appraise the Parents understandnig of Febrile Seizure</li> <li>Appraise the patient's understanding of the disease process</li> <li>Assess current functional capacity (coping, defense mechanisms)</li> <li>Assist parent's / family in providing emotional support.</li> <li>Assist family in providing emotional support.</li> <li>Assist the parent's and child to clarify misconceptions</li> <li>Assist the parent's to clarify misconceptions</li> <li>Assist the patient to clarify misconceptions</li> <li>Determine client's role in family and how illness has changed the family organi</li> <li>Determine outside stressors, such as family, relationships, and social</li> <li>Determine the understanding of disease process and expectations for the future</li> <li>Discuss with the patient the perceived effect of diabetes on lifestyle, finances</li> <li>Educate parent's / family about neonatal intensive care unit</li> <li>Encourage parent's to visit neonatal intensive care unit</li> <li>Encourage family involvement, as appropriate</li> <li>Encourage parent's and child involvement, as appropriate</li> <li>Encourage patient and family participation in diabetes self-care regimen</li> <li>Encourage verbalization of feelings, perceptions, and fears</li> <li>Identify available support groups to assist in lifestyle adaptation.</li> <li>Identify community resources, such as local CF organization, support groups</li> <li>Note length and severity of illness</li> <li>Provide opportunity for client to discuss how illness has affected relationships</li> <li>Provide opportunity for parent to discuss how illness has affected relationships</li> <li>Provide uninterrupted sleep or rest periods</li> <li>Refer to social worker, financial adviser, psychiatric clinical nurse specialist</li> </ul> <p><b>Parenting Promotion</b></p> <ul style="list-style-type: none"> <li>Asses parents understanding and expectations of infants future</li> <li>Asses parents understanding and expectations of patients future</li> <li>Assist parents to gain a realistic view of capabilities of infant</li> <li>Assist parents to gain a realistic view of infant's capabilities</li> <li>Encourage and allow expression of feelings by individuals</li> <li>Identify patterns of interaction</li> <li>Inform parents of neonate's immediate needs</li> <li>Place newborn in mother's/father's arms as possible</li> <li>Provide appropriate information in the event of unanticipated complications</li> <li>Refer to family therapy groups</li> <li>Share information gained from initial physical assesment of infant</li> </ul>	