

Risk for imbalanced body temperature

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Risk for imbalanced body temperature</p> <p>Related factors:</p> <ul style="list-style-type: none"> Environmental temperature Incubator Incubator temperature Phototherapy <p>Symptoms / Risk factors:</p> <ul style="list-style-type: none"> Altered metabolic rate Dehydration Exposure to cold/cool or warm/hot environments Extremes of age Extremes of weight Infants temperature not within 36.5 - 37.0°C Sedation <p>Outcome / Goal:</p> <ul style="list-style-type: none"> The stability of body temperature can be maintained 		<p>Temperature Regulation</p> <ul style="list-style-type: none"> Assess neonate's core temperature (skin temperature) Assess temperature frequently, rectal and axillary Check vital signs every 2 hours. Consider admission to special care nursery Dry newborn's head and body Give a neutral ambient temperature Keep the temperature between 35.5 to 37 C Monitor infant's temperature when out of warmed environment Note environmental temperature Observe newborn for signs of cold stress Place infant in warmer, Isolette, incubator, open bed with radiant warmer Provide O2 as indicated. 	