

Risk for ineffective tissue Perfusion

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Risk for ineffective tissue Perfusion</b></p> <p><b>Related factors:</b></p> <p>Immobility</p> <p>Infection</p> <p>Poor circulation in the affected extremity</p> <p><b>Symptoms / Risk factors:</b></p> <p>Edema</p> <p>Skin color change:pallor, cyanosis</p> <p>skin temperature changes: cooler</p> <p>Verbal coded of pain</p> <p><b>Outcome / Goal:</b></p> <p>Patient maintains adequate tissue perfusion</p>		<p><b>Circulatory Precautions</b></p> <p>Administer blod, plasma as indicated</p> <p>Avoid injury to affected area</p> <p>Avoid leg crossing</p> <p>Change positions at least every hour</p> <p>Check wound dressing and output from drain</p> <p>Keep extremity in depended position</p> <p>Keep extremity warm</p> <p>Maintain adequate hydration to prevent increased blood viscosity</p> <p>Monitor affected extremities for pulse,skin color, temprature and sensations</p> <p>Reduce external pressure points</p> <p>Refrain from taking blood pressure in affected extremity</p>	