

Risk for self-mutilation

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p><b>Risk for self-mutilation</b></p> <p><b>Related factors:</b></p> <p>History of self-injury</p> <p>Labile affect</p> <p>Mental retardation and autism</p> <p>Psychotic state</p> <p>Separation anxiety</p> <p><b>Symptoms / Risk factors:</b></p> <p>Adolescence</p> <p>Borderline personality disorders</p> <p>Chaotic/disturbed inter personal relationships</p> <p>Character disorders</p> <p>Childhood illness or surgery</p> <p>Developmentally delayed or autistic individuals</p> <p>Eating disorders</p> <p>Emotionally disturbed and/or battered children</p> <p>Experiences dissociation or depersonalization</p> <p>Experiences irresistible urge to cut/damage self</p> <p>Experiences mounting tension that is intolerable</p> <p>Family history of self destructive behaviors</p> <p>Inability to express tension verbally</p> <p>Feelings of depression, rejection, self hatred, separation a</p> <p>Feels threatened with actual or potential loss of significant</p> <p>Impulsivity</p> <p>Inadequate coping</p> <p>Isolation from peers</p> <p>Loss of control over problem solving situations</p> <p>Loss of parent/parental relationships</p> <p>Low or unstable body image</p> <p>Low or unstable self esteem</p> <p>Needs quick reduction of stress</p> <p>Sexual identity crisis</p> <p>Substance abuse</p> <p>Use of manipulation to obtain nurturing relationship with ot</p> <p>Violence between parental figures</p> <p><b>Outcome / Goal:</b></p> <p>Patient will express increased sense of security</p> <p>Patient won't harm himself while in facility</p>		<p><b>Environmental Management: Violence Prevention</b></p> <p>Assess for manic behaviour</p> <p>Consider environmental measures to be taken</p> <p>Discuss with Parents and Patient a plan to enhance their relationship</p> <p>Initiate a trusting therapeutic relationship with patient</p> <p>Instruct visitors and other caregivers about relevant patient safety issues</p> <p>Monitor the safety of items being brought to the environment by visitors</p> <p>Place patient in least restrictive environment that allows for necessary level o</p> <p>Search environment routinely to maintain it as hazard free</p> <p>To Patient make comments brief, speak slow and clear</p> <p>Use distraction</p>	