

Risk for situational low self-esteem

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Risk for situational low self-esteem</p> <p>Related factors:</p> <ul style="list-style-type: none"> Diagnosis of cancer Loss of breast History of abuse, neglect, or abandonment History of learned helplessness Developmental changes <p>Symptoms / Risk factors:</p> <ul style="list-style-type: none"> Behavior inconsistent with values Decreased power/control over environment Disturbed body image Failures/rejections Functional impairment Lack of recognition/rewards Loss Physical illness Social role changes Unrealistic self expectations <p>Outcome / Goal:</p> <ul style="list-style-type: none"> Patient adjusts to change in body image 		<p>Body Image Enhancement</p> <ul style="list-style-type: none"> Assess feelings about self and body Assist patient to discuss changes caused by surgery, as appropriate Assist patient to identify actions that will enhance appearance Avoid arguing with client Be alert to suicidal ideation/behavior Be aware of own reaction to client's behavior. Encourage client to express his feelings Encourage family interaction with one another Establish a therapeutic nurse-client relationship Facilitate contact with individuals with similar changes in body image Identify support groups available to patient Monitor whether patient can look at the changed body part Provide accurate information about causes, prognosis and treatment of condition 	