

Thyroidectomy

Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient knowledge: Preoperative Related factors: Unfamiliarity with disease and treatment Symptoms / Risk factors: Increase in anxiety level Multiple questions Outcome / Goal: Patient verbalize understanding of procedure</p>		<p>Teaching: Preoperative Describe the preoperative routines Determine the patient's expectations of the surgery Provide time for the patient to ask questions and discuss concerns Assess voice and facial movements for comparison after surgery Check lab test - serum calcium level</p>	
	<p>Anxiety Related factors: Threat to or change in Health status Symptoms / Risk factors: Anxious Restlessness Outcome / Goal: Will experience a reduction in anxiety</p>		<p>Anxiety reduction Assess reasons for anxiety Reduce unnecessary externa stimuli Spend time talking with patient. Allow to express feelings Calming Technique Maintain calm, deliberate manner Reassure patient of personal safety or security</p>	
	<p>Acute pain Related factors: incision Symptoms / Risk factors: Facial mask Verbal or coded report Outcome / Goal: Patient appears relaxed and comfortable Patient verbalizes relief of pain</p>		<p>Pain Management Asses cause of pain Administer medication as prescribet Administer O2 as orderd Obs. pain (effectivnes of medication) Optimize the patient's comfort in bed</p>	
	<p>Risk for injury Related factors: Incision Recurrent laryngeal nerve damage Symptoms / Risk factors: Breathing difficulties Inability to speak Aponia Outcome / Goal: No sign of speaking /breathing difficulties</p>		<p>Neurologic Monitoring Assess symptoms of breathing/ speaking difficulties</p>	
	<p>Impaired skin integrity Related factors: surgical procedure Symptoms / Risk factors: surgcial wound bleeding Outcome / Goal: surgcial wound clean</p>		<p>Incision Site Care Obs dressing (bleeding) Obs. signs of infection Change dressing as prescribet</p>	
	<p>Risk for imbalanced fluid volume Related factors: Nausa Symptoms / Risk factors: Fluid intake low Outcome / Goal: Maintain adequate fluid balance while hospitalized</p>		<p>Fluid Monitoring Obs fluid balance (inntake and out) Obs fluid balance _____ 24 hour Obs vital signs Bp. O2 and pulse</p>	

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Nr.	Nursing Diagnosis	Date	Nursing Intervention/s and tasks	Sign.
	<p>Deficient knowledge: Postoperative</p> <p>Related factors: Lack of previous experience with surgery</p> <p>Symptoms / Risk factors: Questions</p> <p>Outcome / Goal: Patient verbalizes understanding of need for follow-up care</p>		<p>Discharge Planning Discuss with physician the discharge plan and obtain orders if needed Involve the patient/family in the discharge process Discharge planned _____</p> <p>Wound Care Teach the patient / caregiver about wound care using aseptic technique</p>	